

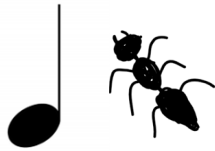
# Foundation Rhythm

What is Rhythm?

## Lesson 1

Rhythm is a series of sounds and gaps. Or as we say in music - notes and rests.

We hear rhythm in our walking, on a clock, in our speaking, and in our heartbeat.



Rhythmic Note Names and Values

A crotchet lasts for one beat.

We can use the rhythmic word '**Ant**' to remember it.

Quavers last for half a beat.

When we see two quavers joined together, we can use the rhythmic word '**Spider**' to remember them!



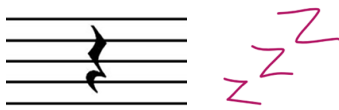
## Lesson 2

## Lesson 3

Rhythmic Words and Mnemonics

A crotchet rest is when you make no sound for one beat.

We can remember this using the rhythmic word '**Sleep**'.



Exploring Percussive Instruments

## Lesson 4

Spend some time exploring the percussive instrument available in your classroom. Show the class at the end of the session!

Introduction to Sight-Reading

## Lesson 5

Say it as you play it!



Game Session!

## Lesson 6

Listen to the three rhythms and try to notate them in 30 seconds!

Walk, march, jog, or run in time with Duncan's drumming!

