

Jigsaw and the PSHE Association Programme of Study 2017

Making Connections

PSHE Association Core Theme 1 – Health and Well-being In Key Stages 1 & 2, pupils should be taught:	JIGSAW – the 6 Puzzles					
	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
What is meant by a healthy lifestyle				Y1, Y2, Y3, Y5		
How to maintain physical, mental and emotional health and well-being	Y1, Y2, Y5, Y6	Y6	Y1, Y3, Y4	Y1, Y2, Y3, Y4, Y5, Y6	Y4	Y1, Y2, Y3, Y4, Y5, Y6
How to manage risks to physical and emotional health and well-being	Y1, Y2	Y3	Y4	Y3, Y4, Y5, Y6	Y6	Y4
Ways of keeping physically and emotionally safe	Y1, Y2			Y1, Y2, Y3, Y5, Y6	Y3	Y2
About managing change, such as puberty, transition and loss					Y4, Y6	Y1, Y2, Y3, Y4, Y5, Y6
How to make informed choices about health and well-being and to recognise sources of help with this				Y1, Y2, Y3, Y5, Y6		Y5, Y6
How to respond in an emergency				Y5, Y6		
To identify different influences on health and well-being				Y4, Y5, Y6		

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PSHE Association Core Theme 2 – Relationships In Key Stages 1 & 2, pupils should be taught:	JIGSAW – the 6 Puzzles					
	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
How to develop and maintain a variety of healthy relationships within a range of social/cultural contexts	Y3, Y4, Y6	Y1, Y2, Y4, Y6	Y1, Y2, Y4, Y5, Y6	Y4	Y1, Y2, Y3, Y4, Y5, Y6	Y5, Y6
How to recognise and manage emotions within a range of relationships	Y4	Y3, Y6		Y4	Y2, Y3, Y4, Y5, Y6	Y6
How to recognise risky or negative relationships including all forms of bullying and abuse		Y1, Y2, Y3, Y4, Y5, Y6			Y5, Y6	
How to respond to risky or negative relationships and ask for help		Y1, Y2, Y3, Y4, Y5, Y6		Y4	Y1, Y2, Y5, Y6	
How to respect equality and diversity in relationships		Y1, Y2, Y4, Y5, Y6			Y5	Y3

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PSHE Association Core Theme 3 – Living in the Wider World In Key Stages 1 & 2, pupils should focus on ‘economic well-being and being a responsible citizen’ and be taught:	JIGSAW – the 6 Puzzles					
	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
About respect for the self and others and the importance of responsible behaviours and actions	Y1, Y2, Y3, Y4	Y1, Y4, Y6	Y1, Y2, Y3, Y4, Y5, Y6	Y1, Y4, Y5	Y1, Y2, Y5, Y6	Y1, Y2, Y4, Y5, Y6
About rights and responsibilities as members of families, other groups and ultimately as citizens	Y1, Y2, Y3, Y4, Y5, Y6	Y3, Y6	Y6		Y1, Y2, Y3	
About different groups and communities		Y5, Y6	Y5, Y6		Y3	
To respect equality and to be a productive member of a diverse community		Y2, Y4, Y5, Y6	Y3, Y4, Y5, Y6		Y3	
About the importance of respecting and protecting the environment			Y6			
About where money comes from, keeping it safe and the importance of managing it effectively			Y5			
How money plays an important part in people’s lives		Y5	Y5			
A basic understanding of enterprise			Y1, Y2, Y3, Y4, Y5, Y6			