

COVID-19 UPDATE – PLANS FOR HOME LEARNING

Here is a list of activities to try at home covering the seven areas of the Early Years Foundation Stage Curriculum for Nursery pupils. Many of these activities can be completed without the need to purchase shop bought resources. They are designed to be open-ended and flexible. It is not intended that you view this as a tick list - choose your favourites, have fun and repeat them as many times as you like.

Understanding the World

- Blow bubbles - how many can you count from one blow?
- Make bread or pizzas for the family to share
- Read information books on frogs and chicks and/all an animal of your choice
- Hunt for bugs in the garden (study using a magnifying glass and then return to their natural habitat)
- Use Nature Detectives for lots of exciting activities to do at home:
<https://www.woodlandtrust.org.uk/blog/2020/03/nature-detectives/>
- Plant seeds such as cress – watch them grow
- Observe the weather each day and make a weather chart
- Make a family tree – who is in your family
- Freeze small toys in ice – and work out how to get them out of the ice
- Make a rainbow of skittles sweets around the edge of a small plate – add warm water and watch a rainbow appear.
- Look at how ICT is used in your home e.g., microwave, remote control, phone etc.
- Feed the birds in the garden. Keep a tally of which birds visit your garden
- Make seed bombs by mixing seeds with clay to make a small ball. Dry them out and wrap to give as presents. Make a label to attach.

Expressive Art and Design

- Dancing to music – use scarves
- Sing familiar songs and make up your own words to nursery rhyme tunes
- Make shakers with pasta or rice in pots
- Make your own paint with shaving foam or coloured ice
- Make props for your favourite story and act it out together

Personal, Social and Emotional Development

- Massage – pretend to make a cake or build a pizza on your partner's back
- Share stories – retell and act them out
- Make bread together
- Chop the vegetables for dinner together
- Give your children responsibility to help with household chores – spray the window cleaner and clean the windows is a favourite!
- Look at Cosmic Kids Yoga on YouTube and join in together <https://www.youtube.com/watch?v=Nac95KdNaZ0>
- Share a family meal and talk about your day.

Physical Development

- Thread pasta on to wool or string. Make a necklace for a member of your family
- Water play in the bath – scooping, pouring and measuring
- Design a treasure hunt around the house
- Junk modelling
- Make playdough together
- Musical movement games – like musical statues
- Lego and block play. Plan to build something and see if you can follow your plan
- Make sensory tray with shaving foam, soap, jelly etc.
- Painting with water in the garden
- Dancing and learning with go Noodle – <https://app.gonoodle.com/>
- Rough and tumble play
- Building dens and tunnels with blankets e.g the kitchen table

Communication and Language

- Storytelling with homemade puppets – use old socks, lolly stick and straws
- Singing nursery rhymes and action songs, such as Simon Says
- Make music with saucepans and pots
- Play guessing games – think of an animal and give clues to help your child guess the animal, then swap over
- Play board games

Maths

- Pairing socks
- Playing Snakes and Ladders
- Bigger and Smaller games – describing the 3 Billy Goats Gruff or using Goldilocks
- Add numbers to pegs and the help your child to order them
- Measuring ingredients to cook/ help make dinner
- Sing number songs, such as 5 currant buns
- Sorting toys by colour or shape
- Sorting coins
- Build train tracks in different shapes
- Build towers from blocks – how many blocks did you use? Can you use the same blocks to build a different tower?
- Make a bowling game with toilet rolls (sorry couldn't resist 😊)
- Online maths games <https://www.topmarks.co.uk/learning-to-count/helicopter-rescue>
- Watch numberblocks <https://www.bbc.co.uk/cbeebies/shows/numberblocks>

Literacy

- Share story books and talk about what is happening on each page
- Play lotto games – matching pictures
- Sing Jolly Phonics songs <https://www.youtube.com/watch?v=jvAYUvQURGo>
- Hide an object in a 'mystery bag' and give clues to what might be inside
- Tap out syllables to break up your name using claps/musical instruments

We would like to thank you all for the way you have helped and supported us at this very difficult time.